



# THE MORNING STAR



## WELCOME TO THE MORNING STAR

Located in a romantic old entry running between Ann Street and High Street, the Morning Star is easily identified by the superb Victorian sign hanging from a grandly exuberant iron bracket jutting out from the corner of the bar. Have a good look the next time you go outside the building – it's one of the finest examples of its type to be found anywhere in Ireland.

Another great rarity is the Winged Lion of St Mark sitting proudly on the corner. Our building is historically listed and can trace its history back to 1810 when it was mentioned in the Belfast Newsletter as being one of the terminals for the Belfast to Dublin Mail Coach. The downstairs bar has its original mahogany counter with its old terrazzo floor. The Morning Star is a must for anyone anxious to see "a living museum piece of old Belfast".

We offer 'real food', prepared and served by professional and courteous staff. The menu enclosed is a small representation of what we offer from our kitchen daily. We prepare our meals from produce sourced locally using the best of our supplier and growers. We specialise in fresh local produce, fresh fish and seasonal vegetables. Our beef and steaks are all from Quality Assured stock. We cook only in butter, olive oil or low cholesterol vegetable oil and use only free range eggs.

We are included in the following publications; Taste of Ulster Guide  
Bridgestone Ireland Good Food Let's Go Britain/Ireland Georgina Campbell's Pubs of Ireland  
Best 100 Pubs in Ireland The Rough Guides Winner of British Airways Tourism Award  
Chairman's Award Best Pub Food. Shortlisted for the All Ireland Seafood Pub

We want you to enjoy every aspect of your visit, please tell us if there is anything we can do for you – whatever your requirements, we will do our best to supply. We offer food all day – from light snacks to lunch, dinner, set meals, special events and Gourmet Night, the last Saturday of every month. A self serve buffet providing an excellent choice of both hot and cold meals is available in the Downstairs Bar for £5.50  
Look forward to seeing you there.

We do not knowingly serve GM (genetically modified) foods. Please inform us of any special dietary requirements. Please note that our fresh fish and seafood may contain fragments of bone or shell.

*Corinne and James McAlister and Team*

## STARTERS

<b>FRESH VEGETABLE SOUP</b> SERVED WITH FRESH CRUSTY OR WHEATEN BREAD	£ 3.00
<b>TRADITIONAL TURKEY BROTH</b> SERVED WITH FRESH CRUSTY BREAD	£ 3.75
<b>SEAFOOD CHOWDER</b> MEDLEY OF SEAFOOD SERVED WITH WHEATEN BREAD	£ 5.00
<b>HOMEMADE BREAD, OILS &amp; DIPS</b>	£ 3.50
<b>CRISPY PORK BELLY KEBAB</b> WITH HOI SIN SAUCE AND PICKLED CARROT	£ 4.00
<b>CREAMY CHICKEN LIVER PARFAIT</b> WITH TOASTED BRIOCHE	£ 4.00
<b>CAJUN SPICED CHICKEN STRIPS</b> SERVED IN A POPPADOM WITH ONIONS, BELL PEPPERS WITH SWEET CHILLI AND HOI SIN SAUCE	£ 4.50
<b>(V) MUSHROOM &amp; LEEK RISOTTO</b> WITH HERB & CHEESE CRUST, BALSAMIC REDUCTION & CRUSTY BREAD	£ 4.50
<b>HALF DOZEN FRESH OYSTERS NATUREL</b> WITH FRESH LEMON, RED WINE & SHALLOT VINAIGRETTE ON ICE INCLUDING A CHILLED VODKA SHOT	£ 12.50
<b>STRANGFORD LOUGH MUSSELS</b> COOKED IN WHITE WINE, GARLIC & CREAM	SMALL (10) £ 6.00 LARGE (20) £ 8.00
<b>OPEN PRAWN AND MELON SALAD</b> WITH CUCUMBER SPAGHETTI, SMOKED PAPRIKA, TOMATO & LEMON DRESSING	£ 5.00
<b>GARLIC AND HERB CIABATTA (V)</b> WITH TOMATO, PESTO AND GOATS CHEESE	£ 4.00

## PASTA

### GOATS CHEESE, SPINACH & TOMATO PASTA

WITH STEAMED BROCCOLI AND GARLIC BREAD

£ 8.00

### SMOKED BACON AND MUSHROOM PASTA

GARLIC AND WHITE WINE CREAM WITH PARMESAN CHEESE

& GARLIC BREAD

£ 8.00

## FRESH FISH

### SEAFOOD PIE

SPRING ONION MASH, SMOKED CHEESE & HERB CRUST

£ 12.00

### GRILLED FRESH SALMON

WITH WARM SALAD OF NEW POTATOES, MAPLE CURED BACON, RED ONION AND CHIVE VELOUTE

£ 13.00

### GRILLED SMOKED HADDOCK

CRUSHED BABY POTATOES, SAUTEED SPINACH, LEMON & PARSLEY BUTTER

£ 11.00

### BATTERED HADDOCK

WITH TARTARE SAUCE & FRESH CHIPS

£ 8.00

### STEAMED FRESH STRANGFORD LOUGH MUSSELS

(APPROX 20)

COOKED IN WHITE WINE, GARLIC AND CREAM WITH CRUSTY BREAD

£ 8.00

## MAIN COURSES

**ROAST ANTRIM TURKEY & HONEY GLAZED HAM**  
HERB STUFFING, RICH ROAST JUS & FRESH SEASONAL VEGETABLES £12.00

**HOMEMADE LASAGNE** £ 8.00  
SERVED ON TOMATO & BASIL COULIS, GARLIC CIABATTA AND COLESLAW

**CHAMP AND JUMBO PORK & LEEK SAUSAGE**  
WITH HOMEMADE CARAMELISED ONION GRAVY £ 8.00

**TRADITIONAL SLOW ROAST CHICKEN** £ 9.00  
SERVED ON BACON MASH WITH THYME JUS AND FRESH SEASONAL VEGETABLES

**CHICKEN GOUJONS** £ 9.00  
WITH SAUTÉ POTATOES AND SWEET CHILLI MAYONNAISE

**SLOW ROAST ULSTER BEEF** £ 9.00  
WITH HERB STUFFING, PANACHE OF SEASONAL VEGETABLES AND ROAST JUS  
CHOICE IF BLACK PEPPERCORN SAUCE OR GRAVY

**MINI RIBEYE STEAK SANDWICH** £ 9.00  
IN TOASTED CIABATTA WITH CARAMELISED RED ONION, BLACK PEPPER  
MAYONNAISE, ROCKET AND CHUNKY CHIPS

**THAI GREEN CHICKEN CURRY** £ 9.00  
SERVED WITH GARLIC & CORIANDER NAAN BREAD & SAFFRON RICE  
(ALSO AVAILABLE AS A VEGETARIAN OPTION)

**(V)FRESH VEGETABLE AND POTATO CAKES**  
CONFIT OF RED PEPPER AND TOMATO SALSA £ 9.00

# THE MORNING STAR STEAKS

OUR STEAKS ARE PROBABLY THE BEST IN THE CITY OF BELFAST.  
FROM QUALITY ASSURED BEEF PRODUCED IN NORTHERN IRELAND. AGED BEEF,  
COOKED AND SERVED SIZZLING ON HOT CAST IRON PLATTERS WITH GRILLED  
TOMATO AND SAUTÉ ONIONS.

PLEASE NOTE WEIGHTS OF ALL STEAKS ARE PRE-COOKED WEIGHTS.

## RIB EYE STEAKS

<b>6 OZ MINI RIB EYE STEAK</b> INCLUDES ONE SIDE	<b>£ 9.00</b>
<b>10 OZ RIBEYE STEAK</b> INCLUDES ONE SIDE	<b>£ 13.50</b>
<b>SPECIAL RIBEYE STEAK</b> 10 OZ WITH GRILLED TOMATO, LEMON & THYME PEPPERCORN BUTTER, TRIPLE COOKED CHUNKY CHIPS AND ONION RINGS	<b>£ 16.00</b>

## SIRLOIN STEAKS INCLUDES ONE SIDE

<b>10 OZ SIRLOIN STEAK</b>	<b>£ 15.00</b>
<b>10 OZ SIRLOIN STEAK WITH FRESH MUSSELS</b>	<b>£ 17.50</b>
<b>10 OZ FESTIVE SIRLOIN &amp; BRANDY/PEPPERCORN SAUCE</b>	<b>£ 17.50</b>

## FILLET STEAKS INCLUDES ONE SIDE

<b>10 OZ FILLET STEAK</b>	<b>£ 19.50</b>
<b>10 OZ FILLET STEAK WITH FRESH MUSSELS</b>	<b>£ 22.00</b>
<b>10 OZ FILLET STEAK WITH PEPPERCORN BUTTER</b>	<b>£ 22.00</b>

## RUMP STEAKS INCLUDES ONE SIDE

<b>24 OZ RUMP STEAK</b>	<b>£ 16.50</b>
<b>32 OZ RUMP STEAK</b> (ADVANCE ORDER 36 HOURS)	<b>£ 21.50</b>
<b>48 OZ RUMP STEAK</b> (ADVANCE ORDER 36 HOURS)	<b>£ 33.00</b>

# HOMEMADE 6 OZ BEEF BURGERS

100% LEAN GROUND BEEF, OUR OWN SEASONING  
ALL SERVED WITH FRESH CHIPS

PLAIN BURGER	£ 7.00
MORNING STAR BURGER SMOKED APPLEWOOD CHEESE, ONIONS RINGS AND PEPPER SAUCE	£ 7.95
PEPPER BURGER WITH PEPPER SAUCE	£ 7.50
HAWAIIAN BURGER —WITH PINEAPPLE & MARIE ROSE SAUCE	£ 7.50
CHEESE BURGER—WITH MELTED COLERAINE CHEDDAR	£ 7.50
BACON & CASHEL BLUE CHEESE BURGER	£ 7.95
BACON & CHEDDAR BURGER	£ 7.95
SOUTHERN FRIED CHICKEN BURGER WHOLE BUTTERFLIED CHICKEN BREAST, CAJUN SPICES &CHILLI MAYONNAISE	£ 9.00
HOMEMADE VEGETARIAN BURGER WITH CHERRY TOMATO & ROCKET	£ 7.00

## EXTRA PORTIONS

POTATOES & SEASONAL VEGETABLES	£3.00	BOILED POTATOES	£3.00
CHAMP	£3.00	FRESH CHIPS	
£3.00			
SAUTÉ POTATOES	£3.00	SIDE SALAD	£3.00
GREEN SALAD	£3.00	COLESLAW (POT)	£2.25
RAW ONION	£2.00	FRENCH FRIED ONION	£3.00
SAUTÉ ONION	£2.50	SAUTÉ MUSHROOMS	£3.00
GARLIC BREAD WITH MELTED CHEESE	£3.25	GARLIC BREAD	£2.75

## BOATS OF SAUCES & SAVOURY BUTTERS

BLACK PEPPERCORN SAUCE	£2.75	GARLIC OR HERB BUTTER	£2.75
BORDELAISE SAUCE	£3.00	HOMEMADE GRAVY	£1.75

## POTS OF SAUCES & SAVOURY BUTTERS £1.00 EACH

BLACK PEPPERCORN BUTTER /BLACKPEPPERCORN SAUCE  
GARLIC BUTTER/GARLIC MAYONNAISE/OLIVE OIL  
CHEDDAR CHEESE

## DESSERTS

PROFITEROLES WITH CHOCOLATE SAUCE	£ 3.95
BANOFFEE PIE	£ 3.95
CHEESECAKE OF THE DAY	£ 3.95
HOMEMADE PAVLOVA WITH STRAWBERRIES	£ 3.95
ARMAGH BRAMLEY APPLE CRUMBLE	£ 3.95
WARM CHOCOLATE FUDGE CAKE	£ 3.95
MEDLEY OF ICE CREAM	£ 3.75
LOCAL & IRISH CHEESES & FRUIT PLATTER	£ 6.50

## BEVERAGES

POT OF TEA	£ 1.75
BROWNGLOW KENYA COFFEE PER CUP	£ 2.00
LEMON TEA, HERBAL TEA, ICED TEA	£ 1.75
COFFEE WITH CREAM	£ 2.35
IRISH COFFEE/CALYPSO COFFEE	£ 4.50

## CHILDREN'S MENU FOR THE UNDER 12'S ONLY

REAL CHICKEN NUGGETS AND CHIPS	£ 4.50
LASAGNE AND CHIPS	£ 4.50
CHAMP AND (2) SAUSAGE	£ 3.00
SAUSAGE & CHIPS	£ 3.00
CHILDREN'S BURGER WITH CHIPS	£ 4.00

## OUR SUPPLIERS

Our suppliers are the source of our fresh food and are very important to us. Most are small local producers and are vital to the Northern Ireland economy. Some deliver 6 days a week to ensure the freshness of their produce, some deliver 7 days in cases of emergency. Listed below are most of our suppliers;

**Asia Supermarket, Belfast** – Fresh vegetables and fish

**Topping Meats-Larne-NI** Quality Assured beef

**Ballymena Meats** – NI Quality Assured beef, fresh pork, new season lamb

**Healthy Choice Poultry, Downpatrick** – Free range eggs

**Draynes Farms, Lisburn** – Fresh dairy goods, milk and cream

**J H Givan, Belfast** – Fresh pork produce

**Kearns Poultry, Dunloy** – Fresh poultry

**J & G Seafoods, Belfast** - Fresh fish and seafood

**North Down Group, Belfast** – Fresh fruit and vegetables